



HOTEL

- Be-dom's staff is usually 14 people including crew members.
- For accommodations they can be split up by 2 to a room with 2 beds in each room

Please, whenever possible, book the nearest environmentally friendly hotel for us.
We sleep better knowing that we're under a green roof.

- Through the links below you can find huge lists of accommodations of this kind:

<http://mashable.com/2013/04/21/eco-friendly-hotels/>

<http://findingportugal.com/articles/10-eco-friendly-hotels-to-discover-in-portugal>

<http://www.greenpearls.com/hotels>

GREEN ROOM

- Whenever possible do not place packaged food at our green room
 - . traditional home made cookies
 - . local fruit from local producers
 - . 5 lt container with water - we take our own personal cups with us
 - . recycled toilet paper
 - . 3 trash containers for recycling

Our own example

- . all of our props, clothes and instruments are made of recycled or reused material
- . we recycle the confetti you see at the show
 - . we will use the mini gas containers (that launches the confetti) as props / instruments for our next show.
 - . when touring, we take (add "reusable") fabric bags when going to bakeries or supermarket so that we can say no to plastic or paper bags
 - . we live concerned for the environment on a day to day basis



Please do not print this. Use the new technologies to access this info when needed